

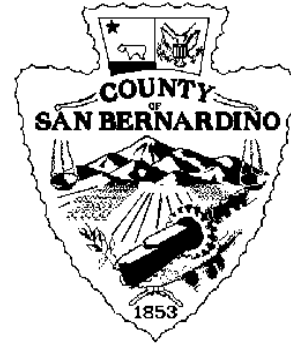
# ***NEWS***

*From the Office of*

## **Brad Mitzelfelt**

Supervisor, First District  
San Bernardino County

FOR IMMEDIATE RELEASE  
April 27, 2010



For information, contact  
David Zook (909) 387-4830  
[www.sbcounty.gov/mitzelfelt](http://www.sbcounty.gov/mitzelfelt)

---

### **County Supports May 15 High Desert Charity Running Events**

SAN BERNARDINO – The San Bernardino County Board of Supervisors today agreed to waive entrance and use fees at Mojave Narrows Regional Park for a half-marathon on May 15.

“We are pleased to support community events that encourage people to exercise and enjoy the outdoors, especially in our great regional parks,” said Supervisor Brad Mitzelfelt, who helped sponsor the event. “This event has the added benefit of providing funds to several High Desert extracurricular school programs and community youth organizations, which are important in promoting the well-rounded development of our young people.”

The Spring Valley Lake Mojave Narrows Regional Park Half Marathon is expected to draw about 600 participants who also have the option to run a 5K or 10K. The course runs through Spring Valley Lake and around Pelican Lake in Mojave Narrows Regional Park. Those interested in participating or volunteering can get more information at [www.hdevents.org](http://www.hdevents.org).

The event is being conducted by the Spring Valley Lake Association and HD Events. Proceeds from the run will support High Desert community athletic organizations, including Sultana High School Sports/Avid Program, Students Run LA Students Running Group, Emmanuel Temple C.M.E. Fund, Victor Valley College Cross Country Team, Apple Valley High School Marching Band, High Desert YMCA, and the Barstow High School Band.

The County of San Bernardino through Supervisor Mitzelfelt’s office is partnering with St. Mary Medical Center to sponsor the half-marathon and other upcoming events and programs, as part of the “Healthy High Desert” campaign. “Healthy High Desert” is working to champion and lead local efforts that increase physical activity and healthier eating as our County works to lower the high rates of obesity, heart disease and diabetes in communities throughout our vast County.